



# Spiritual Getaways

*Spiritual relief and country lifestyle  
in Hillwood, Tasmania, an easy 20 mins north of Launceston.*

*Your choice of meditation sessions, counselling, therapy,  
or rest and explore the countryside,  
with accommodation in a beautiful country house.  
Come alone or with your partner, family or group.*

*Great rates starting at \$50 per night.*

*Please contact Stephanie to discuss your needs and to  
create a package which suits you.*



Brought to you by  
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