

# Your invitation to a Spiritual Journey, Tasmania

Can you make time to visit beautiful Hillwood for half a day, an overnight stay or even longer, to give yourself a spiritual boost? For \$110, you can take part in a flexible mixture of meditation and guidance sessions within a day, totalling about 3 hours. Stephanie has a number of guest rooms available free of charge for travellers who are taking part in these sessions.

You can add to your trip by exploring the nearby Tamar river, coast, walking trails, coffee shops and fruit farms, and/or by asking Stephanie for additional counselling (\$70 per hr) or “Letting Go” therapy sessions (\$90 for 90 mins).

## **Want to remember this later?**

Just google “**Steph the Indie Chaplain**” and look for “Spiritual Journeys”.  
Or follow **stephtheindiechaplain** on facebook, or ask to be on Steph’s mailing list.



### Location - Hillwood, Tasmania

An easy 20 minute drive north of Launceston  
or 2½ hours north of Hobart

### Cost

\$110 for three hours of meditation/guidance within a day.

Free overnight accommodation for participants.

BYO food or reimburse Stephanie for food from the pantry.

Transport, counselling or therapy available for an extra fee.



### Dates and groups

Available most days of the year.

Individual or group sessions depending on number of clients.

Ask for a tailor-made program if you are bringing a group.

### Local attractions

Hillwood Berry Farm, Batman Bridge, Seahorse World

Launceston, Cataract Gorge

Low Head Lighthouse, Pilot Station, Penguin tours

Narawntapu National Park, Great Western Tiers



### **Bookings or inquiries**

**Phone 0439 070593 or email [steph.chaplain@hotmail.com](mailto:steph.chaplain@hotmail.com)**

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